



Upcoming Events

DDP 1 costs £750 including refreshments and lunch

20th – 23rd March: Alba Training Room | Trainer: Emma Greatbatch

8th – 11th June: Alba Training Room | Trainer: Mikenda Plant

14th – 17th September: Dunkeld | Trainer: Mikenda Plant

9th – 12th November: Alba Training Room | Trainer: Emma Greatbatch

DDP 2 costs £850 including refreshments and lunch

13th – 16th October: Dunkeld | Trainer: Cas Schenider

How to Book your place:

Contact Fiona Duncan

Email: training@moorehouse.org.uk

Tel 01506 401 700



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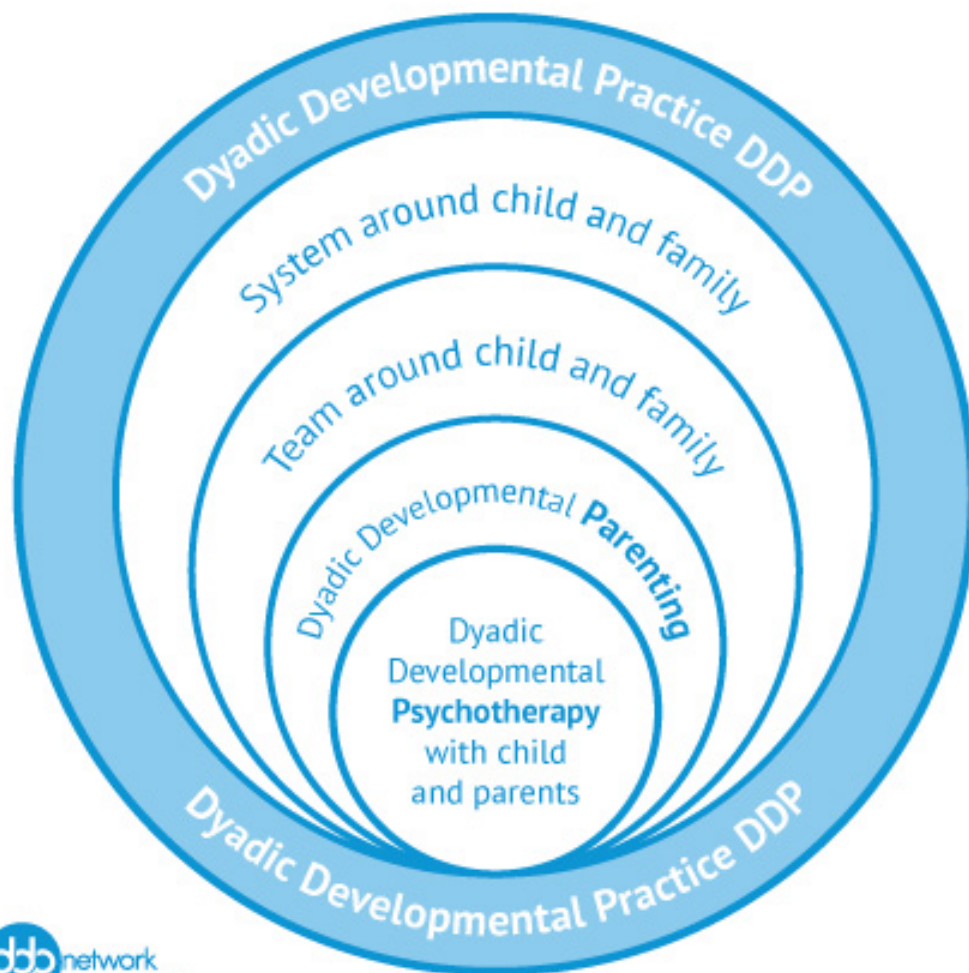


Moore House
Training Academy



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Dyadic Developmental Practice, Psychotherapy & Parenting (DDP)



Do you know about dyadic developmental psychotherapy?

Yes ☒
No ☐



DDP 1

This is an introductory 4-day course on Dyadic Developmental Practice, Psychotherapy and Parenting, an intervention model developed by Dan Hughes, Clinical Psychologist, USA. This approach assists therapists and professionals to understand and effectively support children, young people and their families. In this model, theory and research in the areas of developmental trauma, attachment theory, intersubjectivity and child development are integrated to produce a therapeutic approach used for relationship development and trauma resolution. DDP recognises the vital role which adoptive parents, foster carers and residential workers play as primary attachment figures in the recovery of traumatised, attachment-resistant children.

Who is it For?

The training is relevant and open to therapists and practitioners who have experience in working with children and young people with trauma-attachment problems and their foster, adoptive or birth families.

Moore House Group provides a range of services supporting children and young people across care, education and fostering placements. The majority of attendees will be from this organisation/service, with some places being sold to the public.

Please note that while Level One and Two are open access for professionals working with children and families, there are specific requirements that need to be fulfilled for those who plan to go on to apply for certification as a Practitioner in DDP. For more information, please refer to:

<https://ddpnetwork.org>

DDP 2

This 4-day course is open to those professionals who have undertaken Level One training and are beginning to use the principles and interventions of Dyadic Developmental Practice, Parenting and Psychotherapy in their day to day work. It focuses on gaining a deeper understanding of the theory, successes and barriers experienced by participants in applying the model in practice, more videos and discussion of DDP and the impact of participant's own attachment experiences. It is helpful if participants have examples of their own DDP practice, such as case studies and/or recordings, to share with the group.

Our Trainers



Mikenda Plant

Mikenda is a Family & Systemic Psychotherapist and DDP Trainer, Consultant and Practitioner based in Nottingham. She brings extensive experience from CAMHS in Birmingham and Derbyshire, as well as private practice with Chrysalis Associates in Sheffield. Mikenda specialises in supporting care-experienced children, foster carers and adoptive families to build secure, meaningful relationships. Her integrated approach combines DDP with EMDR, Theraplay-informed play and sensory integration. She is trained in EMDR for adults and children, holds a Level 2 Theraplay certification, has delivered Mindful Parenting programmes for adoptive parents, and co-facilitates the DDP & Mindfulness Special Interest Group for professionals.

Dr Emma Greatbatch

Emma is an HCPC Registered Clinical Psychologist with nearly 20 years of experience specialising in children and families, particularly those affected by early loss, trauma, and attachment disruption. After a long career in the NHS within specialist care and adoption services, she most recently served as a Strategic Lead in private practice. Now working independently, Emma provides expert assessment, consultation, and training, alongside specialist therapies such as DDP.



Cas Schneider

Cas is a Consultant Clinical Psychologist and UKCP registered Family Therapist with over 25 years of experience in Child and Adolescent Mental Health. Much of her career has focused on trauma and abuse; she founded the Specialist Child Abuse Team in Plymouth and co-established a dedicated attachment clinic for care-experienced children. Currently, Cas balances NHS work with private practice, where she provides specialist DDP therapy, consults for therapeutic projects, and co-runs training for adoptive parents. Based in Devon, she is a certified DDP Practitioner, Consultant, and Trainer.