



Upcoming Events

DDP 1 costs £750 including refreshments and lunch

17th – 20th March: Alba Training Room | Trainer: Emma Greatbatch

2nd – 5th June: Alba Training Room | Trainer: Mikenda Plant

22nd – 25th September: Dunkeld (TBC) | Trainer: Mikenda Plant

3rd – 6th November: Alba Training Room | Trainer: Mikenda Plant

DDP 2 costs £850 including refreshments and lunch

7th – 10th October: Alba Training Room | Trainer: Cas Schneider

How to Book your place:

Contact Fiona Duncan

Email: training@moorehouse.org.uk

Tel 01506 401 700



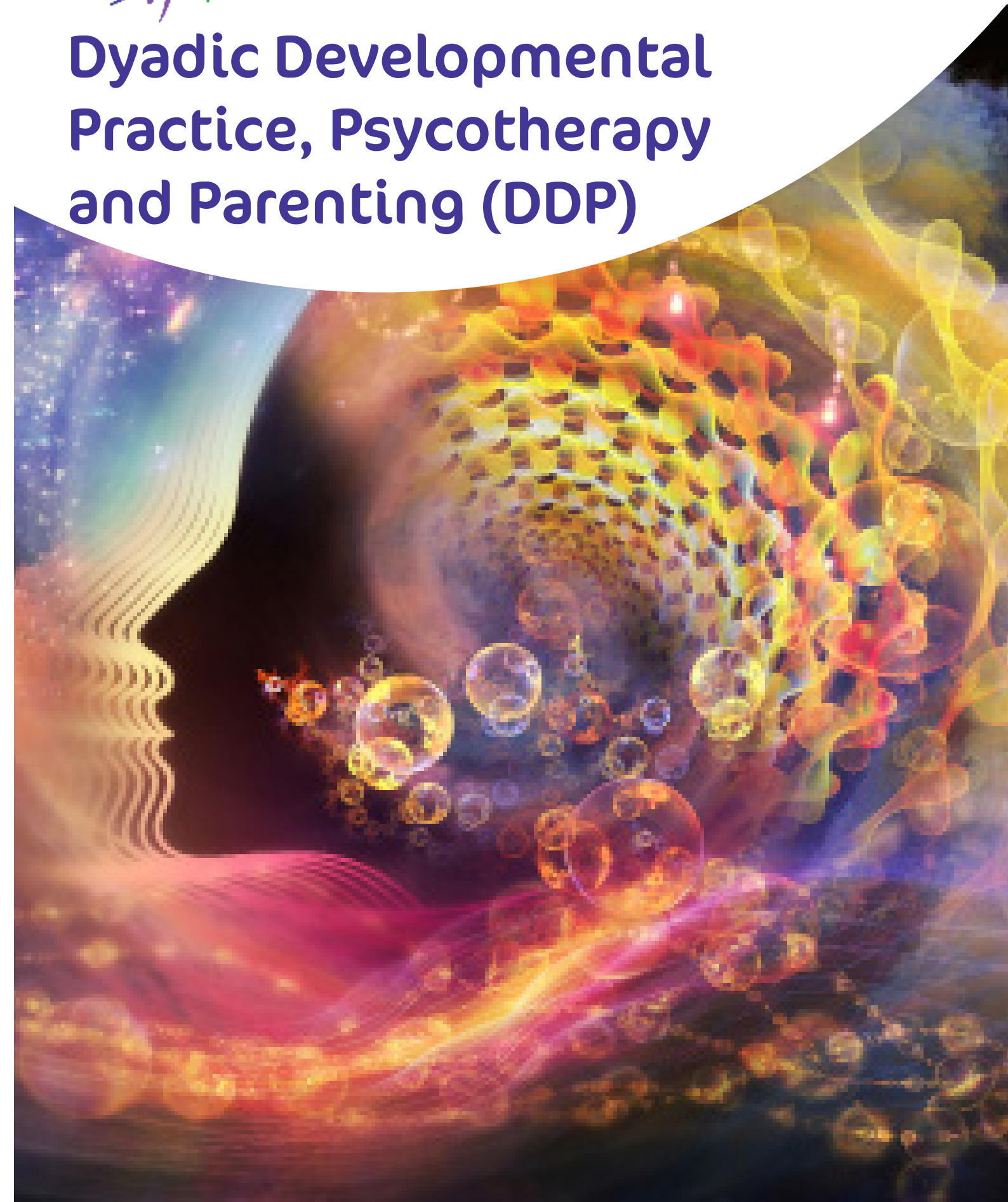
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Moore House
Training Academy

Dyadic Developmental Practice, Psychotherapy and Parenting (DDP)



Do you know about dyadic developmental psychotherapy?

Yes
No



DDP 1

This is an introductory 4-day course on Dyadic Developmental Practice, Psychotherapy and Parenting, an intervention model developed by Dan Hughes, Clinical Psychologist, USA.

This approach assists therapists and professionals to understand and effectively support children, young people and their families. In this model, theory and research in the areas of developmental trauma, attachment theory, intersubjectivity and child development are integrated to produce a therapeutic approach used for relationship development and trauma resolution. DDP recognises the vital role which adoptive parents, foster carers and residential workers play as primary attachment figures in the recovery of traumatised, attachment-resistant children.

DDP 2

This 4-day course is open to those professionals who have undertaken Level One training and are beginning to use the principles and interventions of Dyadic Developmental Practice, Parenting and Psychotherapy in their day to day work. It focuses on gaining a deeper understanding of the theory, successes and barriers experienced by participants in applying the model in practice, more videos and discussion of DDP and the impact of participant's own attachment experiences.

It is helpful if participants have examples of their own DDP practice, such as case studies and/or recordings, to share with the group.

Who is it For?

The training is relevant and open to therapists and practitioners who have experience in working with children and young people with trauma-attachment problems and their foster, adoptive or birth families.

Moore House Group provides a range of services supporting children and young people across care, education and fostering placements. The majority of attendees will be from this organisation/service with some places being sold to the public.

Please note that while Level One and Two are open access for professionals working with children and families, there are specific requirements that need to be fulfilled for those who plan to go on to apply for certification as a Practitioner in DDP. For more information, please refer to:

<https://ddpnetwork.org>

Our Trainers



Mikenda Plant

Mikenda is a Family & Systemic Psychotherapist and a DDP Trainer, Consultant & Practitioner based in Nottingham, UK. She brings a wealth of experience from her work in CAMHS (Child and Adolescent Mental Health Services) in Birmingham and Derbyshire, as well as her time in the private sector with Chrysalis Associates in Sheffield. Her expertise lies in supporting care-experienced children, foster carers, and adoptive families, helping them build secure and meaningful relationships.

With a strong commitment to therapeutic integration, Mikenda incorporates EMDR (Eye Movement Desensitization and Reprocessing), Theraplay-informed play, and sensory integration into her DDP practice. She is trained in EMDR for both adults and children, holds a Level 2 Theraplay certification, and has delivered Mindful Parenting programs for adoptive parents. She also co-facilitates the DDP & Mindfulness Special Interest Group, supporting professionals working in this area.

Dr Emma Greatbatch

Emma is a HCPC Registered Clinical Psychologist with almost 20 years experience specialising in working with children and families, particularly those who have experienced early loss, trauma, and attachment disruption. For many years Emma worked in the NHS, predominantly in specialist services for children in the care system and adopted from care. Most recently Emma worked as Strategic Lead for Fostering and Adoption with a private practice of psychologists.



She now works independently in the same field, providing assessment, consultation and training, as well as specialist therapies including DDP.