



JMT
Care Services
Fostering

How We Aim To Get It Right For Every Child



SHANARRI
Fostering Outcomes

Getting It Right For Every Child

Fostering Outcomes

'Getting it Right for Every Child' (GIRFEC) seeks to ensure that all children and young people in Scotland are brought up in an environment where they are enabled to become:

Successful Learners
Effective Contributors
Responsible Citizens
Confident Individuals

To achieve this, children and young people's needs are measured using seven wellbeing indicators:

Safe
Healthy
Active
Nurtured
Achieving
Respected & Responsible
Included

JMT social workers and foster carers are committed to providing the highest standards of care and support to children and young people in these areas, with the goal of meeting the Fostering Outcomes in the following pages...

Safe

JMT's children and young people are protected from abuse, neglect and harm by others at home, at school and in the community.

- Children are emotionally attached to the foster family.
- Children live in a home that is physically safe and appropriate to their needs.
- Children are free from abuse, bullying, harassment and discrimination.
- Children have contact with family and friends that is safe, consistent and positive for them.
- Children have access to positive role models and receive guidance on their behaviour.
- Children are supported to manage their own behaviour in a safe and appropriate way.



Healthy

JMT's children and young people enjoy the highest standards of physical and mental health, with access to suitable healthcare and support for safe and healthy lifestyle choices.

- Children's physical health is as good as possible and they receive treatment when required.
- Where a child has a disability or degenerative condition, their specific needs arising from this are addressed to enable them to achieve the best quality of life possible.
- Children's oral health is as good as possible; they are routinely seen by a dentist and receive necessary treatment.
- Children's sight is as good as possible and they are routinely seen by an optician and supplied with glasses, lenses or other treatment if required.
- Children's hearing is as good as possible and they are assessed and treated as required.
- Children eat a balanced diet and have an understanding of nutrition commensurate with their age and understanding.
- Children are given opportunities to exercise at least three times a week and enjoy reasonable fitness.
- Children's weight is within appropriate limits according to their age and height.
- Children have access to information about personal relationships and sexual health commensurate with their age and understanding, and are supported to access specialist services if required.

Active

JMT's children and young people are active with opportunities and encouragement to participate in play and recreation, including sport.

- Children have access to and take part in a variety of social, sporting and cultural activities, appropriate to their individual needs.
- Children have a variety of hobbies and interests and opportunities to develop these.
- Children develop intellectual, manual, social and sport skills in line with their interest and ability.

Nurtured

JMT's children and young people live within a supportive family setting, with additional assistance if required, ensuring a positive and rewarding childhood experience.

- Children are emotionally stable and have opportunity to develop appropriate attachments.
- Children have access to information about health issues and are able to make choices about health issues commensurate with their age and understanding.
- Children are able to communicate their needs and how they are feeling in a way that is commensurate with their age and development.
- Children understand their cultural background as they grow up and are able to feel secure and proud of their identity.

Achieving

JMT's children and young people have access to positive learning environments and opportunities to develop their skills, confidence and self esteem to the fullest potential.

- JMT carers support children to attend a relevant educational setting, and liaise directly with the educational setting in relation to any issues/difficulties the child may be experiencing.
- Children enjoy education and are encouraged to attend regularly.
- The child's academic achievement is in line with their age and ability.
- Children receive additional help at school when required.
- Children have access to a quiet area in the foster home where they are able to complete their homework.
- Children gain independent living skills as they grow older.
- Young people aged over 16 are engaged in further education, employment or training.
- Young people are able to use networks and agencies that promote pre-employment and independence preparation.
- Young people have basic life skills that prepare them to successfully move on from their foster placement.
- Children save money in a personal savings account and use their money carefully.

Respected & Responsible

JMT's children and young people and their carers are involved in decisions that affect them, have their voices heard and are encouraged to play an active and responsible role in their communities.

- Children are aware of plans for their future in a way which is appropriate to their age and development.
- Children have the opportunity to ask questions about their plan and are helped to give their view.
- Children feel that their view is listened to and taken account of.
- Children take part in household tasks appropriate to their age and ability and receive recognition for the contribution they make to the life of the foster family.
- Children have the opportunity to take part in school and community activities for the benefit of others, and to develop an awareness of environmental issues.
- Children are allowed and encouraged to take responsibility for themselves and others.
- Children are looked after in a way which develops their self-confidence.
- Children understand the effects of racism and discrimination at an age appropriate level and are able to challenge such behaviour.
- Children are able to follow their chosen religion and feel that their beliefs are acknowledged and respected in the foster home.

Included

JMT's children, young people and carers have access to high quality services and are supported to overcome the social, educational, physical, environmental and economic barriers that create inequality.

- Children take part in and enjoy other school activities.
- Children are accepted by other children and enjoy friendships with peers at school and in the community.
- Children are able to use a computer and other forms of electronic communication effectively and safely.



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